

PREFACE

The development of Primary Care Medicine is a reality that must soon be realized in all countries in the world, including Indonesia. For that reason alone the development of Primary Care Doctors or DLP in Indonesia does not need to be questioned any more. But many relevant questions remain. Related to this statement, if Indonesia does not want to be left behind by our neighbors, such as Myanmar, Vietnam, Malaysia, Singapore, Thailand, Australia, India, Pakistan, Japan, and others, the improvement of medical services at the primary level should be implemented immediately.

Review of Primary Care Practice and Education (RPCPE) is a published journal that accommodates various activities related to current views and studies which relate to primary care at the local, regional, national or even international level, so from that perspective the RPCPE is published. We invite and encourage anyone and from anywhere to contribute their ideas, thoughts or ideas concerning the content of this journal. Please send your criticisms and suggestions as well as any responses to the posts contained in this journal. We welcome your input for the future of DLP.

As the first published introduction to the RPCPE journal in early 2018 here are some of the excellent articles and interesting topics considered by our distinguished board suitable for our first issue:

1. Development and Trial of Maternity Education Control Cards. As indicated by the title of this article, we will consider the importance of pregnant women to be given appropriate health counselling. Health counsellors and pregnant mother health examiners are not always an expert doctor, but can be any doctor who has been taught the simple methods of primary care medicine.
2. Clinical Symptoms for Diabetes Mellitus Screening in Populations with Family DM History. This paper about Diabetes Mellitus or DM also shows the importance of improving physicians understanding to recognize the clinical symptoms of DM in relation to family history, so that the identification of clinical symptoms and proper diagnosis of DM can be done as early as possible.
3. Impact of Family Doctor Training on Performance of Cadres in Counseling at Dusun Annual Posbindu Gunung Kidul Regency. This article about health cadres in society is very interesting, because through scientific research such as this impact study, it is expected that the policy makers in health services can better understand about the correct kind of policy which should be produced.
4. Impact on Brief Interactive Pshyco-Education Intervention to Caregiver toward Family Burden Care on Schizophrenia Patients at Community Health Center (Puskesmas) Kasihan II Bantul. Similar with the topic in the previous paper on the Impact of Family Doctor

Training on Cadre Performance, this paper raises the fundamental question about how the influence of psychoeducation intervention is expected to foster clearer understanding concerning the need for better Primary Health Services.

5. Internship Doctor Behavior in Promotive and Preventive Health Services in Primary Health Services (PUSKESMAS). It is clear from the title of this fifth article that the research will discuss about the behavior of new doctors engaged in their primary medical education in Indonesia. Of course the research results will still need an in-depth discussion from the readers to facilitate improvement in providing health services throughout Indonesia from rural areas to the big cities.

When summarizing the papers to be published in the early 2018 issue of the RPCPE journal, we can certainly see there are a lot of problems in the field of health services that still need to be fixed. Furthermore, there is a question about where will these improvements in primary health care services actually begin? With your input? Will you start a debate or discussion and dialogue with us about these current topics? First, Give us a read and see what you think, then later we will welcome your input.

Prof. Dr. dr. Adi Heru Sutomo, MSc., DCN

Head of Department of Family and Community Medicine
Faculty of Medicine Universitas Gadjah Mada

PREFACE

Welcome to the inaugural issue of “Review of Primary Care Practice and Education” (RPCPE), the Indonesian journal dedicated to the science and practice of Primary Care. The recognition of Primary Care Doctors as a specialty by the government and other specialty boards has been a long time coming. It is a great step forward for Primary Care, Primary Care Doctors and more importantly, for the people of Indonesia. Finally, this is an acknowledgment of your expertise in primary care and of all of the hard work you do every day for your patients.

Improving the medical care for the Indonesian people is not just for Java, Kalimantan, Sumatra, Sulawesi, and Eastern Indonesia. There are many individuals from many islands who have worked together long and hard in order to see this day and it would be impossible to thank all of them

It has been said that to become a doctor is to become a life-long-learner. Medicine advances at a rapid pace and we cannot be content with what we learned in medical school, internship or residency. This is one of the reasons that you are holding this copy of RPCPE today. Primary Care Doctors of Indonesia should lead the way providing the model of life-long learning.

Recognition at the national level is only a first step. We now have the task of developing training programs and certifications for those physicians who are already in practice. Nobody will be left behind. The specialty “Primary Care Doctor” includes all of you along with colleagues working in the most remote village or on the most remote island.

The authors and editors of the “Review of Primary Care Practice and Education” have taken on part of the task of distributing information and keeping you up to date. You need to do the next part. If you have an idea for an article or have a comment on one of the articles, feel free to write: This is your journal and should reflect your interests. You do not have to be in a university or on a big island in order to submit an article. Let us know and we can help you develop your ideas. After all, this journal is for you.

Mark A. Graber, MD MSHCE FACEP

Professor of Emergency and Family Medicine
University of Iowa Carver College of Medicine
Iowa City, Iowa USA

(Writer of “Graber’s and Wilbur’s Family Medicine Specialist Examination and Book Review” – McGraw Hill, 2013)