**LEMBAR CRF GIZI 1**

**CATATAN ASUPAN MAKANAN (FOOD DIARY)**

**Catatan diisi tiga hari berturut turut**

Nama subyek :

No. Kode subyek :

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| **Hari**  |  | **Tanggal**  |  |
|  **Jenis** | **Nama makanan** | **Bahan makanan** | **URT** | **Cara memasak**  |
| Makan pagi |  |  |  |  |
| Jam.......... |  |  |  |  |
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| Selingan pagi |  |  |  |  |
| Jam.......... |  |  |  |  |
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| Makan siang |  |  |  |  |
| Jam.......... |  |  |  |  |
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