

FOREWORD

Dear colleagues,

The heart has always been at the very centre of life, love and culture. When the heart fails because of cardiovascular disease, it is the ultimate disasters. Yet, it happens all the times.

Cardiovascular diseases represent the main cause of mortality worldwide, imposes an ever-increasing burden of morbidity and mortality in both high- and low-income countries. The global epidemic of cardiovascular disease and other chronic diseases calls for multidisciplinary and multiprofessional approaches with strategic emphasis on prevention, treatment, and control. The enormous advances in the field of cardiovascular medicine in the last few years have proven to be important in the decrease of mortality in many clinical conditions. However, the growing prevalence of several risk factors, such as hypertension, diabetes, dyslipidemia, obesity, smoking, and others, account for an increase in the prevalence and severity of cardiovascular disease. Therefore, the efficacy of primary prevention programs in patient with recognized treatable risk factors as hypercholesterolemia, hypertension, diabetes and smoking should be a priority across the different countries.



The 3rd Indonesia Cardiovascular Prevention and Rehabilitation event 2017 is one of the scientific function of Working Group Cardiovascular Prevention and Rehabilitation of Indonesian Heart Association, aims to bring the latest information on cardiovascular disease prevention, both primary and secondary prevention, as presented at the symposium and workshop, to a wider clinical and scientific audience. Experts will concentrate on therapeutic lifestyle intervention, explore the important concepts that are currently at the centre of controversy in the field of dyslipidemia and cardiovascular risk, exercise, hypertension, cardiometabolic health, smoking cessation, and management cardiovascular condition in hajj pilgrims.

It is an honour for us to bring this event in conjunction with the Jogja Cardiology Update 2017. I would like to thank Indonesian Heart Association Yogyakarta Branch who took the time to provide a much appreciated facilitation and those that come along to speak at and participate in this event. These are invaluable, giving spirit and thankfulness.

Finally, I wish the 3rd Indonesia Cardiovascular Prevention and Rehabilitation event 2017 will be a successful event, that is going to help us to understand better the prevention aspects and awareness in decreasing the cardiovascular disease risk factors for a better health for all.

Yours sincerely,

Dyana Sarvasti

Chairman of Working Group Cardiovascular Prevention and Rehabilitation of Indonesian Heart Association