LAMPIRAN

Tabel 4. Artikel yang diteliti

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| Peneliti | Tahun | Judul | Relevansi |
| Foster, C., Startup, H., Potts, L., Freeman, D. | 2010 | A randomised controlled trial of a worry intervention for individual with persistent persecutory delusions | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Cather, C., Penn, D., Otto, M. W., Yovel, I., Mueser, K. T., & Goff, D. C | 2005 | A pilot study of functional Cognitive Behavioral Therapy (fCBT) for schizophrenia | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Shawyer, F., Farhall, J., Mackinnon, A., Trauer, T., Sims, E., Ratcliff, K., Larner, C., Thomas, N., Castle, D., Mullen, P., & Copolov, D | 2012 | A randomised controlled trial of acceptance-based cognitive behavioural therapy for command hallucinations in psychotic disorders | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Bechdolf, A., Knost, B., Kuntermann, C., Schiller, S., Klosterkotter, J., Hambrecht, M., & Pukrop, R | 2004 | A randomized comparison of group cognitive-behavioural therapy and group psychoeducation in patients with schizophrenia | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Granholm, E., McQuaid, J. R., McClure, F. S., Auslander, L. A., Perivoliotis, D., Pedrelli, P., Patterson, T., & Jeste, D. V | 2005 | A Randomized, Controlled Trial of Cognitive Behavioral Social Skills Training for Middle-Aged and Older Outpatients With Chronic Schizophrenia | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Penn, D. L., Meyer, P. S., Evans, E., Wirth, R. J., Cai, K., Burchinal, M. | 2009 | A randomized controlled trial of group cognitive behavioral therapy vs. enhanced supportive therapy for auditory hallucinations | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Naeem, F., Saeed, S., Irfan, M., Kiran, T., Mehmood, N., Gul, M., Munshi, T., Ahmad, S., Kazmi, A., Husain, N., Farooq, S., Ayub, M., & Kingdon, D | 2015 | Brief culturally adapted CBT for psychosis (CaCBTp): A randomized controlled trial from a low income country | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Naeem, F., Johal, R., McKenna, C., Rathod, S., Ayub, M., Lecomte, T., Husain, N., Kingdon, D., & Farooq, S | 2016 | Cognitive Behavior Therapy for psychosis based Guided Self-help (CBTp-GSH) delivered by frontline mental health professionals: Results of a feasibility study | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Garety, P. A., Fowler, D. G., Freeman, D., Bebbington, P., Dunn, G., & Kuipers, E. | 2008 | Cognitive–behavioural therapy and family intervention for relapse prevention and symptom reduction in psychosis: randomised controlled trial | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Valmaggia, L. R., Van der Gaag, M., Tarrier, N., Pijnenborg, M., Slooff, C. J. | 2005 | Cognitive-behavioral therapy for refractory psychotic symptoms of schizophrenia resistant to atypical antipsychotic medication | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Morrison, A. P., Pyle, M., Gumley, A., Schwannauer, M., Turkington, D., MacLennan, G., Norrie, J., Hudson, J., Bowe, S. E., French, P., Byrne, R., Syrett, S., Dudley, R., McLeod, H. J., Griffiths, H., Barnes, T. R. E., Davies, L., Kingdon, D., Aydinlar, S., … Tully, S | 2018 | Cognitive behavioural therapy in clozapine-resistant schizophrenia (FOCUS): an assessor-blinded, randomised controlled trial | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Rathod, S., Phiri, P., Harris, S., Underwood, C., Thagadur, M., Padmanabi, U., & Kingdon, D. | 2013 | Cognitive behaviour therapy for psychosis can be adapted for minority ethnic groups: A randomised controlled trial. | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Rector, N. A., Seeman, M. V., & Segal, Z. V. | 2003 | Cognitive therapy for schizophrenia: a preliminary randomized controlled trial. | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Trower, P., Birchwood, M., Meaden, A., Byrne, S., Nelson, A., & Ross, K | 2004 | Cognitive therapy for command hallucinations: randomised controlled trial | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| GUMLEY, A., O’GRADY, M., MCNAY, L., REILLY, J., POWER, K., & NORRIE, J. | 2003 | Early intervention for relapse in schizophrenia: results of a 12-month randomized controlled trial of cognitive behavioural therapy | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Freeman, D., Dunn, G., Startup, H., Pugh, K., Cordwell, J., Mander, H., Černis, E., Wingham, G., Shirvell, K., & Kingdon, D | 2015 | Effects of cognitive behaviour therapy for worry on persecutory delusions in patients with psychosis (WIT): a parallel, single-blind, randomised controlled trial with a mediation analysis | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Turkington, D., Kingdon, D., & Turner, T | 2002 | Effectiveness of a brief cognitive–behavioural therapy intervention in the treatment of schizophrenia | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Barrowclough, C., Haddock, G., Lobban, F., Jones, S., Siddle, R., Roberts, C., Gregg, L. | 2006 | Group cognitive-behavioural therapy for schizophrenia | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Chadwick, P., Strauss, C., Jones, A.-M., Kingdon, D., Ellett, L., Dannahy, L., & Hayward, M | 2016 | Group mindfulness-based intervention for distressing voices: A pragmatic randomised controlled trial | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Hazell, C. M., Hayward, M., Cavanagh, K., Jones, A-M., & Strauss, C. | 2017 | Guided self-help cognitive-behaviour Intervention for VoicEs (GiVE): Results from a pilot randomised controlled trial in a transdiagnostic sample | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Startup, M., Jackson, M. C., & Startup, S | 2006 | Insight and Recovery From Acute Psychotic Episodes | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Turkington, D., Kingdon, D., Rathod, S., Hammond, K., Pelton, J., & Mehta, R | 2006 | Outcomes of an effectiveness trial of cognitive–behavioural intervention by mental health nurses in schizophrenia. | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Granholm, E., Auslander, L. A., Gottlieb, J. D., McQuaid, J. R., & McClure, F. S. | 2006 | Therapeutic Factors Contributing to Change in Cognitive-Behavioral Group Therapy for Older Persons with Schizophrenia | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Brabban, A., Tai, S., & Turkington, D. | 2009 | Predictors of Outcome in Brief Cognitive Behavior Therapy for Schizophrenia | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |
| Wykes, T., Hayward, P., Thomas, N., Green, N., Surguladze, S., Fannon, D., & Landau, S | 2005 | What are the effects of group cognitive behaviour therapy for voices? A randomised control trial | Model & durasi CBT yang diberikan, hasil terapi, kritera partisipan |

Tabel 5. Kata Kunci

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| Kata Kunci | Referensi |
| Jenis Psikoterapi |  |
| Cognitive Behavioral Therapy | Garety, et. al., (2008); Valmaggia, et. al., (2005); Gumley, et. al., (2003); Turkington, et. al., (2002); Startup, et. al., (2006); Turkington, et. al., (2006) |
| Brief Cognitive behavioral therapy | Naeem, et. al., (2015); Brabban, et. al., (2009) |
| Group Cognitive Behavioral Therapy (or Group Person Based Cognitive Behavioral Therapy) | Bechdolf, et. al., (2004); Penn, et. al., (2009); Barrowclough, et. al., (2006); Chadwick, et. al., (2016) |
| functional Cognitive Behavioral Therapy | Cather, et. al., (2005) |
| Cognitive behavioral therapy for worry | Foster,et. al., (2010); Freeman, et. al., (2015) |
| Acceptance-based cognitive behavioural therapy for command hallucinations | Shawyer, et. al., (2012) |
| Cognitive Behavioral Social Skill Training | Granholm, et. al., (2005); Granholm, et. al., (2006) |
| Cognitive Behavioral Therapy for psychosis based Guided Self-help (CBTp-GSH) | Naeem, et. al., (2016) |
| Cognitive behavioral therapy in clozapine - resistant schizophrenia (FOCUS) | Morrison, et. al., (2018) |
| Cognitive behavioral therapy for psychosis | Rathod, et. al., (2013), Rector, et. al., (2003) |
| Guided self-help cognitive-behaviour Intervention for VoicEs | Hazell, et. al., (2017) |
| Cognitive behavioral therapy for voices | Wykes, et. al., (2005) |
| Terapi Pembanding |  |
| Treatment as Usual | Foster, et. al., (2010); Granholm, et. al., (2005); Naeem, et. al., (2015); Naeem, et. al., (2016); Garety, et. al., (2008); Morrison, et. al., (2018); Rathod, et. al., (2013); Rector, et. al., (2003); Gumley, et. al., (2003); Turkington, et. al., (2002); Barrowclough, et. al., (2006); Chadwick, et. al., (2016); Hazell, et. al., (2017); Startup, et. al., (2006); Turkington, et. al., (2006); Granholm, et. al., (2006); Brabban, et. al., (2006); Wykes, et. al., (2006) |
| Family Intervention | Garety, et. al., (2008) |
| Supportive Counselling | Penn, et. al., (2009); Valmaggia, et. al., (2005) |
| Befriending Therapy | Shawyer, et. al., (2012); Bechdolf, et. al., (2004) |
| Psychoeducation | Cather, et. al., (2005) |
| Standard Care | Freeman, et. al., (2015) |
| Usia kelompok intervensi (Mean atau Rentang) |  |
| 30 - 39 tahun | Bechdolf, et. al., (2004); Valmaggia, et. al., (2005); Rathod, et. al., (2013); Rector, et. al., (2003); Gumley, et. al., (2003); Barrowclough, et. al., (2006); Hazell, et. al., (2017); Startup et. al., (2006); Wykes, et. al., (2006) |
| 40 - 49 tahun | Foster, et. al., (2010); Cather, et. al., (2005); Shawyer, et. al., (2012); Penn, et. al., (2009); Naeem, et. al., (2016); Morrison, et. al., (2018); Freeman, et. al., (2015); Turkington, et. al., (2002); Chadwick, et. al., (2016); Brabban, et. al., (2006) |
| 50 - 59 tahun | Granholm, et. al., (2005); Naeem, et. al., (2015); Granholm, et. al., (2006) |
| Usia Kelompok Kontrol  (Mean atau Rentang) |  |
| 30 - 39 tahun | Foster, et. al., (2010); Shawyer, et. al., (2012); Bechdolf, et. al., (2004); Penn, et. al., (2009); Naeem, et. al., (2016); Valmaggia, et. al., (2005); Rathod, et. al., (2013); Gumley, et. al., (2003); Barrowclough, et. al., (2006); Startup, et. al., (2006); Wykes, et. al., (2006) |
| 40 - 49 tahun | Cather, et. al., (2005); Morrison, et. al., (2018); Rector, et. al., (2003); Freeman, et. al., (2015); Turkington, et. al., (2002); Chadwick, et. al., (2016); Hazell, et. al., (2017); Brabban, et. al., (2006) |
| 50 - 59 tahun | Granholm, et. al., (2005); Naeem, et. al., (2015); Granholm, et. al., (2006) |
| Lama pendidikan |  |
| 6 - 12 tahun | Rector, et. al., (2003); Chadwick, et. al., (2016); Granholm, et. al., (2006); Morrison, et. al., (2018); Valmaggia, et. al., (2005) |
| 13 - 18 tahun | Chadwick, et. al., (2016); Valmaggia, et. al., (2005); Cather, et. al., (2005) |
| IQ |  |
| 100-105 | Freeman, et. al., (2015); Rector, et. al., (2003) |
| 106-110 | Rector, et. al., (2003); Barrowclough, et. al., (2006) |
| Jumlah sesi |  |
| 6 Sesi | Naeem, et. al., (2015); Freeman, et. al., (2015); Turkington, et. al., (2002); Brabban, et. al., (2006) |
| 7 sesi | Wykes, et. al., (2005) |
| 12 sesi | Shawyer, et. al., (2012); Penn, et. al., (2009); Rector, et. al., (2003); Chadwick, et. al., (2016); Hazell, et. al., (2017) |
| 12 - 16 sesi | Naeem, et. al., (2016) |
| 16 sesi | Cather, et. al., (2005); Bechdolf, et. al., (2004); Rathod, et. al., (2013) |
| 18 sesi | Barrowclough, et. al., (2006) |
| 12 - 20 sesi | Garety, et. al., (2008) |
| 24 sesi | Granholm, et. al., (2005); Granholm, et. al., (2006) |
| 12 - 25 sesi | Startup, et. al., (2006) |
| 26 sesi | Morrison, et. al., (2018) |
| Lama intervensi |  |
| 8 minggu | Bechdolf, et. al., (2004); Freeman, et. al., (2015) |
| 8 - 12 minggu | Turkington, et. al., (2002); Turkington, et. al., (2006); Brabban, et. al., (2006) |
| 12 minggu | Gumley, et. al., (2003) |
| 16 minggu | Naeem, et. al., (2015) |
| 16 - 20 minggu | Rathod, et. al., (2013) |
| 22 minggu | Valmaggia, et. al., (2005) |
| 24 minggu | Rector, et. al., (2003); Barrowclough, et. al., (2006) |
| 36 minggu | Garety, et. al., (2008); Morrison, et. al., (2018) |
| Waktu intervensi |  |
| 50 - 60 menit | Startup, et. al., (2006) |
| 60 menit | Penn, et. al., (2009); Valmaggia, et. al., (2005); Morrison, et. al., (2018); Rathod, et. al., (2013); Freeman, et. al., (2015); Turkington, et. al., (2002); Hazell, et. al., (2017); Brabban, et. al., (2006) |
| 60 - 90 menit | Bechdolf, et. al., (2004) |
| 90 menit | Chadwick, et. al., (2016) |
| 120 menit | Granholm, et. al., (2005) |
| Efek terapi (CBT) |  |
| Efektivitas kecil | Foster, et. al., (2010); Cather, et. al., (2005); Shawyer, et. al., (2012); Bechdolf, et. al., (2004); Granholm, et. al., (2005); Garety, et. al., (2008); Valmaggia, et. al., (2005); Morrison, et. al., (2018); Gumley, et. al., (2003); Chadwick, et. al., (2016) |
| Efektivitas sedang | Penn, et. al., (2009); Naeem, et. al., (2016); Rector, et. al., (2003); Freeman, et. al., (2015); Barrowclough, et. al, (2006); Granholm, et. al., (2006); Wykes, et. al., (2005) |
| Efektivitas besar | Naeem, et. al., (2015); Rathod, et. al., (2013); Turkington, et. al., (2002); Hazell, et. al., (2017); Startup, et. al., (2006); Turkington, et. al., (2006) |
| Penurunan kekhawatiran | Foster, et. al., (2010); Freeman, et. al., (2015) |
| Penurunan gejala psikosis | Cather, et. Al., (2005); Penn, et. Al., (2009); Naeem, et. al., (2015); Valmaggia, et. al., (2005); Rector, et. al., (2003); Freeman, et. al., (2015); Chadwick, et. al., (2016); Hazell, et. al., (2017). Startup, et. al., (2006); Granholm, et. al., (2006) |
| Peningkatan kemampuan kontrol halusinasi | Shawyer, et. Al., (2012) |
| Peningkatan kepercayaan diri | Bechdolf, et. Al., (2004) |
| Peningkatan kemampuan sosial | Granholm, et. Al., (2005) |
| Penurunan gejala negatif | Turkington, et. al., (2006); Granholm, et. al., (2006) |
| Penurunan tingkat kekambuhan | Bechdolf, et. Al., (2004); Gumley, et. al., (2003) |
| Penurunan tingkat depresi | Chadwick, et. al., (2016) |
| Penurunan rasa putus asa & rendah diri | Barrowclough, et. al., (2006); Hazell, et. al., (2017) |
| Peningkatan insight | Turkington, et. al., (2006) |
| Penurunan durasi rawat inap | Bechdolf, et. Al., (2004) |
| Penurunan psikopatologi | Naeem, et. al., (2016); Morrison, et. al., (2018); Rathod, et. al., (2013); Turkington, et. al., (2002); |
| Tidak dapat mengurangi psikosis | Turkington, et. al., (2006); Wykes, et. al., (2005) |
| Tidak dapat mengurangi tingkat relaps | Garety, et. al., (2008) |
| Peningkatan kesejahteraan psikologis | Freeman, et. al., (2015) |
| Negara |  |
| Britania Raya | Foster, et. al., (2010); Garety, et. al., (2008); Morrison, et. al., (2018); Rathod, et. al., (2013); Gumley, et. al., (2003); Freeman, et. al., (2015); Turkington, et. al., (2002); Barrowclough, et. al., (2006); Chadwick, et. al., (2016); Hazell, et. al., (2017); Startup, et. al., (2006); Turkington, et. al., (2006); Brabban, et. al., (2009); Wykes, et. al., (2005) |
| Amerika Serikat | Cather, et. al., (2005); Granholm, et. al., (2005); Penn, et. al., (2005); Rector, et. al., (2003); Granholm, et. al., (2006); |
| Belanda | Valmaggia, et. al., (2005) |
| Kanada | Naeem, et. al., (2016) |
| Pakistan | Naeem, et. al., (2015) |
| Jerman | Bechdolf, et. al., (2004) |
| Australia | Shawyer, et. al., (2012) |

\*Tabel pelaporan hasil mengacu pada penelitian *scoping review* yang dilakukan oleh Chen, et. al. (2016)